

Dr. Bhaswati Bhattacharya

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Objective: To explore and propagate true systems of healing

Employment & Professional Activities

Good Medicine Works, New York, NY. **Physician in Solo Practice** 2001 - present
Private practice of holistic family medicine, specializing in the use of Ayurveda for complex diseases.

Joan & Sanford I. Weill Medical College of Cornell University, New York, NY. 2003 - present
Clinical Assistant Professor of Family Medicine, Department of Medicine
Problem-based learning (PBL) instructor, Molecules, Genes and Cells module: 2004, 2005, 2006, 2007.
Faculty - Medicine, Patients & Society module on CAM. 2007, 2008, 2009, 2010, 2011.

Fulbright Specialist, US Department of State 2018 - 2022
Peer-review appointment as consulting expert in Global Public Health, specializing in Integrative Medicine & Ayurveda

The DINacharya Institute, New York, NY. Founder-Director 2007 - present
Certifying school for holistic medicine, with focus on Ayurveda. Conduct workshops, seminars and 500-hour training program certifying Ayurvedic Health Coaches. Direct Master Classes, an online live teaching series of 60+ doctors worldwide, teaching ancient texts of Ayurveda line-by-line, using live vaidyas from India. Founded Holistic & Integrative Physicians Community Leadership Fellowship (HIPCLF) 2009, and DINacharya Fellows program 2012. Sponsors annual thinktank for interface between mainstream MDs, biomedical scientists, ayurvedic physicians, and holistic practitioners.

Clinical Postdoctoral Fellow, Dhanvantari Ayurveda Hospital, Udupi, Karnataka 2020 - present
Fellowship in advanced practice of Ayurveda, clinical research & ancient techniques in medicine preparation.

Teaching Faculty, ANACT – Ayurvedic Nutrition & Culinary Training, New York, NY. 2018 - present
Core faculty member for certificate programs in **Ayurvedic nutrition** and chef school in Manhattan.

Sri Sunderlal Hospital, Institute of Medical Sciences, Banaras Hindu University, Varanasi, UP. 2013 - 2015
Coordinator, Ahara-Vihara outpatient clinic focusing on **Ayurvedic nutrition and lifestyle**.

senior Fulbright Scholar, Council for International Exchange of Scholars, Institute of International Education
Faculty Teaching & Research Award. Topic: Ayurveda/Ojas. Fulbright-Nehru US-India Educational Foundation 2013-2014
Host institution: **Faculty of Ayurveda, Banaras Hindu University, Varanasi, India**

Wyckoff Heights Medical Center, New York-Presbyterian Healthcare System, New York, NY. 2001 - 2011
Attending Physician Dept of Family Medicine, 2001-10. Dept of Obstetrics & Gynec, 2003-7. Dept of Internal Med, 2003-08
Director, WyCAM, Wyckoff Center for Alternative Medicines 2010 - 2011
Director of Research 2010 - 2011
Director, Division of Complementary & Alternative Medicines 2003 - 2008
Director of Research, Dept of Medicine; Education Coordinator, Dept of Obstetrics/Gynecology 2003 - 2007
Director of Development, Research & Education, Dept of Family, Community & Preventive Medicine 2002 - 2003

Betel Nut Productions, New York, NY. Founder, Producer 2008 - present
Broadcast quality filmmaking company for productions focusing on ayurveda and world medical systems.
First release expected 2014.

Teaching Faculty, The Graduate Institute, New Haven/ Milford, CT. 2005 - 2016
Core Faculty - accredited masters program in Integrative Health and Healing; Director, Ayurveda module

Teaching Faculty, Sai Ayurveda College of Miami, Miami, FL. 2008 - 2011
Core faculty member for certificate programs in accredited ayurvedic college and clinic in Miami

Teaching Faculty. New York Open Center, New York, NY. 2005 - 2007
Teacher for seasonal series on ayurveda, holistic self-care and related topics

Adjunct Clinical Assistant Professor of Family Practice. Mount Sinai School of Medicine, NY. 2003 – 2010
Core faculty for family practice rotation for third-year medical students. Dept of Preventive Medicine

InnerDoorway LLC, New York, NY. Founding **Medical Director/ Chief Medical Officer** 2000 - 2001
Startup 1999, sold to Innovision Communications in 2004 for \$12M. Served as founding medical director + chief medical officer for quality control of holistic website community and peer-reviewed medical publishing group.

Concurrent Professional Assignments & Activities

Health & Medical Consultant, The Bhaswati Group, New York, NY. 1989 – present
Consulting services for organizations involved in holistic clinical medicine, public health, Ayurveda.

Consulting in Ayurveda

- Dhanvantari Ayurveda Hospital – Udupi, Karnataka, 2018-2020
- Sadaika Healthcare Private Limited, Manipal – consultant on group of ayurvedic ventures, 2019-
- ECCHS – Ex-servicemen (Veterans) Comprehensive Health System, Dept of Defense, Govt of India, 2019
- Taza Ayurveda – Ayurveda cosmetics line, 2018-present
- Maharani - Ayurveda cosmetics line, 2018-present
- Cultivating Self – Ayurveda & Yoga Self Care Retreats for registered nurses, in San Francisco Bay Area, 2018-
- Unilever USA - Ayurveda consultant for new food line, 2019
- Northeast Ayurveda – consultant on raw materials cultivation and formulations, in Assam, Meghalaya
- Aatreya Educational Systems Private Limited, Bangalore – consultant on group of PK ventures, 2017-18
- Vaanaprastha – consultant on old-age home timeshare project in India, Udupi, 2017
- Panchasutra Life Sciences – consultant on raw materials cultivation, 2017
- Tathya – consultant on video-based teachings on Ayurveda, 2017
- The New Caraka Samhita project, Language Editor/Medical Editor, 2013-2015 www.carakasamhitaonline.com
- L’Oreal - consultant on launch of Amla Shampoo and hair care line, 2012-2013
- Medical Peer-Reviewer, Journal of Ayurveda & Integrative Medicine, 2014-2018
- Emami/Zandu – Board of Advisors, assisted with merger of Emami FMCG with Zandu Pharma, 2008 -2011
- Reebok – consultant on sportswear for yoga, 2004
- HindustanLever – consultant on luxury AYUSH brand of personal care products, 2005
- YogaTruth – consultant to marketing exec Muktesh Pant (Yum! Industries) on clinical yoga startup, 2004-5
- TulsiRose – consultant on luxury Ayurveda cosmetics line startup, 2003-2004
- AyurVastra - consultant on high-quality medicinal clothings and bed linen startup, 2011
- Organic India – consultant on organic herbs, 2009
- Banyan Botanicals – consultant on organic herbal formulations, 2011-2012
- Kerala Ayurveda Pharmacy Limited – consultant to rebranding of company, 2006-2007
- Vicco – consultant to oral cavity personal care brand, 1990
- The Ayurvedic Trust (Coimbatore) – consultant to conference projects, Tamil Nadu 2008-2009
- Arogyadham– consultant to family-based publication and clinical venture, Uttar Khand, 2009-2011

Publishing / Editorial Work / Medical Writing (selected assignments)

- The South Asian Times, columnist, Holistic Health and Covid themes, March 2020 -
- Indian Express, North American edition, columnist and Medical Editor, Health & Life page, 2001-2002
- UN Millenium World Peace Summit 2000, speechwriter for Indigenous Peoples
- On Assignment, journalist and assistant to head photographer, 2000 - 2013
- Aperture Foundation, fine photography publications, Medical Project Editor/Photographer, April 2000-2002
- Alternative Therapies in Health and Medicine, Journal Advisory Board, September 2001-2008
- Medical Reviewer/Editor/Chapter Author: Williams & Wilkins, WB Saunders/Mosby/Harcourt Health Sciences, Appleton & Lange, Springer-Verlag, Hanley & Belfus, 1989-2007
- Harvard Institute for International Development, editorial research assistant to Professor Richard Cash, discoverer of ORS-oral rehydration salts, for diarrheal diseases research, 1992-1993

ShaktiProjects, Director, publications promoting social consciousness in South Asian community, 2000-2002

Public Health

World Health Organization Benchmarks in Ayurveda working group, 2018
Public health expert and contributor on television hit-series *ER*, Los Angeles, NBC-Paramount, 2000-2004
Moving Visuals Company, Singapore, advisor, film documentaries on medical systems around the world, 2001
World Health Organization Collaborating Centre on Traditional Medicine, University of Illinois-Chicago,
visiting scientist on project to create botanical monograph standard for WHO, 1995
National Institutes of Health, Biodiversity Project, Fogarty International Center, Bethesda, MD,
contracted scientist on project that created program on Biodiversity & Human Health, 1994-1996
National Institutes of Health, Office of Alternative Medicine (now NCCIH), Bethesda/Rockland, MD, 1994
Corporate
Grey Healthcare Group/ Phase V, Assistant to Medical Director, medical education programming, advertising
and public relations for medical & pharmaceutical companies, 1990-91, part-time consultant until 1994
Citibank Investment Group, Assistant to the Chief of Staff, Investor Services Division, 111 Wall Street, 1991-1992

Academic Training

Banaras Hindu University, Faculty of Ayurveda, Institute of Medical Sciences, Varanasi, India
PhD, **Doctor of Philosophy**, 2018. registered April 2014, thesis submitted July 2017, degree received 22 November 2018
Dept of Rasa Shastra (Ayurvedic chemistry/herbometallic medicines) & Bhaisajya Kalpana (Ayurvedic Pharmaceuticals)
in Pharmacology. Thesis submitted July 2017: Pharmaceutical & Clinical Evaluation of an Ayurvedic polyherbal
formulation for Diabetes, **awarded Prof. M.L. Khorana IJPS Best Paper Prize 2018**

Rush Medical College/Rush University of Chicago, Rush-Presbyterian-St. Luke's Medical Center, Chicago, IL
MD, **Doctor of Medicine**, 1998. clinical work completed at Cook County Hospital and Chicago area medical centers
competitively selected for problem-based group learning (PBL) *Alternative Curriculum*, trained as facilitator for PBL
Electives: Tropical Medicine (Nigeria); Herbal Medicine; Ambulatory Holistic Medicine, International Preventive
Medicine, Plastic & Reconstructive Surgery (honors), Ophthalmology, Cardiology (honors), Medical Acupuncture

Harvard University, School of Public Health, Boston, MA
MPH, **Master of Public Health** (International Health), 1993. **graduated highest honors as Commencement Orator**
Harvard Travel Grant Scholarship to El Salvador, advisor late Jonathan Mann, MD, MPH
coursework completed at Kennedy School of Government, School of Public Health, Harvard Medical School
Courses included Human Rights, International Epidemiology of AIDS, and Leadership in Government

Columbia University, Graduate School of Arts and Sciences, New York, NY
MA, **Master of Arts** (Pharmacology), 1989. PhD preparation 1986-1990
Concentration in Neuroscience, Research focused on neuronal development, advisor Michael Shelanski, MD
Participated in International Health Forum (founder-late Dr. Allan Rosenfield), Columbia School of Public Health

University of Pennsylvania, School of Arts and Sciences, Philadelphia, PA
BA, **Bachelor of Arts** (Biological Basis of Behavior / South Asia Regional Studies), 1987
awarded prestigious Rose Research Grant for Undergraduate Research, 1986
Concentration in Neural Systems, Research thesis: "The role of the atypical agonist pindolol in down-regulation of B-
adrenergic receptors," advisor Perry B. Molinoff, MD

Princeton High School, Princeton, NJ
High School Diploma, 1983, **Honors: Gold Key Award**, inducted to Quill & Scroll Society, Yearbook editor

Professional Training

CME: over 2500 hours completed in Holistic, Complementary, Integrative & Alternative Medicines
Certification, **Yoga Training** Course, Banaras Hindu University, November 2014
Yoga Teacher Training, 200-hours, PranaMandir Yoga studio, New York, 2009-2010
certified **Ayurvedic Doctor (AD)** + Professional Member by NAMA (USA National Ayurvedic Medical Assoc)
Tatwaprakashini traditional training in Ayurveda, Arya Vaidya Pharmacy group, 2011, 2012, 2013, 2014
Maharishi **Ayurveda Training** Course for Health Professionals, CME, Level I certification, 2008, 2012
CEDH-Center for Education and Development in **Clinical Homeopathy**, course 2009-2011
AYU Academy/Kerala Ayurveda Academy/SAI Ayurveda College of Miami, course in **Ayurvedic Medicine**,
Certified Ayurvedic Practitioner (CAP), October 2006-August 2009, certified 2009
guru-shishya parampara – traditional training in Ayurveda, Arya Vaidya Pharmacy group, 2002-2020
Institute for Integrative Nutrition/Columbia Univ. Teachers College, certification in **Holistic Nutrition**, 2005-06
PleoSanum **homeopathic training**, University of Bridgeport, 2004

Board Certification, Fellow, American Board of Preventive Medicine, certified 2006, recertified 2016
Board Certification, Diplomate, American Board of Integrative & Holistic Medicine, certified 2001, lifetime 2016
New York State Medical License 2001, #223388
DEA (Drug Enforcement Agency-USA) physician registration for prescriptions, since 2002, #BB7764079
NPI (National Physician Identification-USA) #1326247628
Mount Sinai-NYU Health System, Residency in **Community & Preventive Medicine**, 1999-2000
Columbia-Presbyterian Center, New York-Presbyterian Hospital, Internship in **Urban Family Medicine**, 1998-1999
Columbia-Presbyterian Medical Center, NIH National Science PhD Research Fellowship, 1988-1990

Past Academic Appointments

Adjunct Clinical Assistant Professor of Family Practice, Department of Community & Preventive Medicine, Mount Sinai School of Medicine, New York, NY. 2003-2008, Chair: Jenny Walker MD MSW MPH
The Institute for New Medicine, Director of Medical Education, Georgetown University Medical Center, Washington, DC, 1998-2000, Director: Candace B. Pert PhD
Richard & Hinda Rosenthal Center for Complementary and Alternative Medicine, member, Columbia University, New York, NY, 1998-2000, Director: Fredi Kronenberg PhD
Complementary Care Center, research seminar member, Columbia-Presbyterian Medical Center, New York, NY, 1998-1999, Director: Mehmet Oz MD, Jerry Whitworth RN
Rush Medical College, Substitute Problem-Based Learning Facilitator, Alternative Curriculum, Chicago, 1997-98
University of Illinois at Chicago, Visiting Scholar/Guest Faculty/Consultant, Dept of Pharmacognosy & Medicinal Chemistry, Chicago, IL, 1995, Director/Supervisor: Norman Farnsworth PhD
Center for the Study of World Medicine & Health Care, Associate Director for Development & Research, Rush-Presbyterian Medical Center, Chicago, IL, 1994-1996, Director: Philip S. Epstein MD
National Institutes of Health, Office of Alternative Medicine/Office of the Director, Guest Researcher/Intern, Bethesda, MD, 1994, Director: Joseph J. Jacobs MD MBA

Training Fellowship and Grant Support

Fulbright Specialist, funded Feb 2018-Feb 2021+extension 2022, US Dept of State, projects in Global Public Health
Fulbright US Scholar award for Teaching/Research, India, funded 8 months support, \$50,000, July '13-March 2014
Ridgewood Foundation, grant for pediatric neonatal intensive care, funded \$600,000, 2009
Lance Armstrong Foundation Community Grant on Cancer Survivorship, funded \$10,000, 2006-2007
Office of Women's Health, NIH, grant for Holistic Women's Health Week at Wyckoff Heights, \$5000, 2006
NIH, National Institutes of Health/NCCAM, R25 AT000529, author and Co-Principal Investigator 2002-2003, AMSA CAM Education Initiative, funded \$1.2M, 2002-2007
van Ameringen Foundation, health educator, domestic violence survivor program, Sakhi for S.Asian Women, 2003
Soros Foundation, Open Society Institute, medical student summer program mentor, 2000, 2001, 2002
Citibank, NA, founding grant for women's health program at domestic violence community organization, 1999
Rush Medical College, Joseph Collins Tuition Grant, 1995-1997
American Academy of Family Physicians, Bristol-Myers Squibb Scholarship, 1997
Harvard School of Public Health, Harvard Tuition Grant, 1992-1993
Columbia-Presbyterian Medical Center, NIH National Science Research Fellowship, 1998-1990
University of Pennsylvania, Nassau Grant for Undergraduate Research, 1986-1987

Department and University Committees

Research & Grants Committee, Wyckoff Heights Medical Center, 2003-2007, 2010-2011
Institutional Review Board (IRB) committee, Wyckoff Heights Medical Center, 2005-2007, 2010-2011
Medical Education Committee, Columbia College of Physicians & Surgeons, 1998-2001
International Health & Medicine Program, Mount Sinai School of Medicine, 1999-2000
Preventive Medicine Advisory Steering Committee, Mount Sinai School of Medicine, 1999-2000
East Harlem Asthma Working Group, Mount Sinai Dept of Community Medicine, 1999 – 2000
Task Force on International Health, Rush Medical College, 1996-1998
CAM Development Committee, Rush-Presbyterian-St. Lukes Medical Center, 1995-1998
Curriculum Committee, Alternative Curriculum, Neuroscience Block, Rush Medical College, 1996
Student Government, MPH Representative, Harvard University, 1992-1993

Invited/Elected Appointments

Fullbright Program, review applications for Fullbright Scholar medical/public health awards 2016-2017
World Ayurveda Congress, organizing committee for conference November 2014, Delhi
World Ayurveda Forum, elected International Chair, December 2010, Bangalore, at World Ayurveda Congress
Ayurved-USA Advisory Council (AUSAC), sponsored by Embassy of India, Washington DC, Council Chair,
2009-10, preparation of the White Paper on the Status of Ayurveda in the USA.
International Working Groups on Ayurveda, sponsored by the Dept of AYUSH, Government of India, Delhi,
Mar 2009-11, appointed to Steering Committee, provided guidance on propagating ayurveda in the West
Asian American Advisory Committee, Chair – Health subcommittee, US Senator Hillary Clinton, Jan 2002-07
Harcourt/Elsevier Medical Publishers-CIMAC (Complementary/Integrative Med Advisory Council), Chair, 2004-07
NYC Mayor's Initiative to Combat Domestic Violence, Physician Advisory Council, New York City, 2004-07
International Ambassador for Post-SuperCyclone Relief Efforts, Government of Orissa, India, January - May 2000

Professional Organizations and Societies

National Ayurvedic Medical Association, 2005 - present, Board of Directors, 2008 - 2011, life member
Association of Ayurvedic Professionals of North America, Research Board of Directors, 2007 - present
South Asian Journalists Association, 2000 – present, life member
American College of Preventive Medicine, member, 1999 – 2006, 2015-present
American Public Health Association, 1992 - present, section officer 2000 - 2001
South Asian Public Health Association, 1999 – present, Trustee 2003 - 2005
American Holistic Medical Association, 1992-present, Trustee 2000 - 2004
Physicians' Research Network on HIV, New York, 1999 - 2005, 2010 - present
American Academy of Family Physicians, student/resident member, 1994 - 2000
National Association of Physicians for the Environment, 1994 - present, honorary member
American Association of Physicians of Indian Origin, 1994 - present, lifetime patron member, 2000 - present
American Medical Association, 1994 - 1999, National Foundation Leadership Award 2004
American Medical Student Association, alumni member, 1994 - present, grantwriter, 2001-2002, NIH R25 grant
Co-Principal Investigator, National Coordinator, Humanistic Medicine Interest Group 1995 - 1998

Past Teaching Experience & Education Responsibilities

Department of Kriya Sharir, Seminars on Integrative Medicine, Inst of Med Sci, Banaras Hindu Univ, 2016-2017
Ahara-Vihara Clinic Coordinator, Sir Sunderlal Hospital, Inst of Med Sciences, Banaras Hindu University, 2013-2014
Course Director, Introduction to Clinical Research, Clinical Rotations and Residency programs, Wyckoff Heights
Medical Center, 2009-2011
Teaching Faculty, Facilitator, Examiner, (Problem-Based Learning) Molecules, Genes and Cells; Basis of Disease:
Pathology/Pathophys/Pharmacology, Weill Cornell Medical College, fall and winter semesters 2003 - 2007
Course Faculty, Family Medicine Clerkship, Mount Sinai School of Medicine, lectures 2003 - 2008
Course Director, Community Medicine course, Family Practice residency program, Wyckoff Heights Medical
Center, 2002-2003
Faculty Mentor, Open Society Institute/ Soros Foundation, Medicine as a Profession (MAP) program, 1999-2001
Facilitator, Sakhi for South Asian Women, Domestic Violence Awareness Training, Spring 2001, 2002, 2003, 2004
Teleosis Institute, for ecologically sustainable medicine, teaching programs Board of Advisors, 2005-2011
Indian Young Professionals Network, Board of Advisors, 2005 - 2008
Clinical Preventive Medicine, OB resident teleconferences, St. Joseph's Hospital/ Mount Sinai School of Med,
Nov-Dec 1999
Group Facilitator, Preventive Medicine/Primary Care Clerkship, Mount Sinai School of Medicine, 1999 - 2000
Clinical Teaching Staff, Columbia College of Physicians & Surgeons, 1998-1999
Trained Facilitator, Alternative Curriculum (Problem-Based Learning), Rush Medical College, 1997-1998
Course director, Chicago Medical Society, Midwest Clinical Conference, Alternative & Complementary Medicine
for Physicians, Feb 1998
American Association of Physicians of Indian Origin, national committee co-chair, 1997 - 2001
American Holistic Medical Association, 25th anniversary scientific meeting, Conference Chair, San Diego, 2003
National Institutes of Health Advisory Panel, National Conference on Medical Education in Complementary
Medicine, 1996
Course Co-director, Contemporary Issues in Preventive Medicine, Rush Medical College, Spring 1995

Course Co-director, Development & Roles of Asian Women, Rutgers Asian Studies Program, Fall 1985

Media Coverage / Film Credits

Times of India, Alternative Medicine Isn't Quackery, It's Traditional Wisdom, March 27, 2020
Glamour ZA, CondeNast pubs, pp106-109, interview and article Ancient Remedies for Modern Life, May 2018
Hindustan Times, p2 Lucknow edition, Indo-US Doctor and global Ayurveda, November 6, 2015
Abhinava Dhanvantari Journal of Ayurveda, interview, volume 1, no. 2, June 2014, pp80-97.
India Today, cover photo and cover story, What Varanasi Wants from Modi, June 30, 2014
Finding Bridges: Interview with Dr. Bhattacharya, Ayurveda & Health Tourism, I-April 2013, II-October 2013
Business Economics, Opportunities for a New, Old Science, May 16-31, 2009
Times of India, Ayurveda Needs a Platform: Doc, March 13, 2009
The Martha Stewart Show, appearance on May 21, 2007, with Donna Karan, Rodney Yee, talk about Ayurveda
International Museum of Women, 2006 exhibition on women's lives globally, 2006
book: Vagina Warriors, women working to end violence: photo by Joyce Tennyson, Bulfinch Press, February 2005
The Vagina Monologues, VDay India 2004, performances in Bombay, March 8-14, 2004
Healers: Journey through Ayurveda, documentary premiere on The Discovery Channel, July 2003,
featuring Dr. Bhattacharya and healers in ayurveda, production: Moving Visuals Company, Singapore.
Ritual and Indigenous Healers: Channel 2 News, CBS, Producer: Robert Powell, July 2002
Alternative Options to HRT: WBAI / Democracy Now with Amy Goodman, July 12, 2002; July 15/22, 2002; Oct 2003
The Vagina Monologues, VDay Harlem 2002, Apollo Theater, March 30, 2002, LifeTime Channel, 2004
Doordarshan, Across Seven Seas, documentary on public health physician, India-wide premiere, February 2001
Kash Kobar, documentary for post-SuperCyclone intervention & Orissa relief work, Calcutta, India, January 2001
Harvard University Oration, Commencement Speaker, June 1993, coverage in International Herald Tribune,
Washington Post, New York Times

Invited Lectures (selected)

Central American Medical Association – Integrative Oncology, Panama City, January 2020
Try!Swift International conference for Apple iOS computer programmers - Biohacking with Ayurveda, Sept 2019
International AYUSH Conclave- Kerala, India, February 2019
US FDA/NIH – Food & Drug Administration Headquarters, Silver Spring, MD, Polyherbals & Ayurveda, August 2018
CAMA-Canadian Ayurveda Medical Alliance, annual conference keynote speaker, Toronto, August 2018
SASIM-South African Society of Integrative Medicine, Cape Town, February 2018
Ayurvedic Association of Canada, annual conference keynote speaker, Toronto, October 2017
SAMAGAMA, Integrating Allopathy with Ayurveda, Mysore, December 2014
Tibetan Central University, Sarnath, June 2014
Fulbright Annual Scholars Conference, Chennai, March 2014
AAPNA Global Conference, Agni, Tejas, Usma, and Pitta: Explaining Fire & Lifestyle Disorders, Lucknow, Feb 2014
Global Ayurveda Festival, Kochi, February 2014
TieCon Kerala, Entrepreneurship in Ayurveda, Kochi, December 2013
David Rogers Health Policy Colloquium, Weill Cornell Medical College, Health Policies for the 99%, May 2013
Tapovan International Conference on Ayurveda, and 3-day workshop: Ayurveda pour la Femme, May 2012
World Conference on AYU, Pune, India, presentation on Irritable Bowel Syndrome and Ayurveda, January 2012
International Conf on the Safety & Use of Nanotechnology, chair/speaker, module on Ayurvedic Bhasmas, Feb 2011
Integrative Healthcare Symposium, New York, module on Ayurveda, March 2010, March 2011
Tapovan International Conference on Ayurveda, Paris/Normandy, France, September 2010, May 2012
American Board of Integrative & Holistic Medicine, board review course, module on Ayurveda, DC, November 2009
International Grand Centennial Convention on Ayurveda, Coimbatore, India, 21-24 August 2008
Indian Pharmacologic Society, Global Noise on the Use of Heavy Metals in Ayurveda, 28 November 2008
Keynote Speaker, National Ayurvedic Medical Association, annual conference, New York, September 2006
Medical Care in Domestic Violence, Southwestern Medical Center, Dallas, 1st annual conference, 20 April 2002
Asian Pacific American Medical Student Association, regional conference, New York, 13 April 2002
Facultad de la Universidad de Panama, 8th Scientific Congress, Panama City, Panama, 06 April 2002
World AIDS Day, United Nations, sponsored by amfAR, American Foundation for AIDS Research, 30 Nov 2000
American Association of Physicians of Indian Origin Governing Body Meeting, Mission to Orissa, March 2000
Wyckoff Heights/Cornell Medical Center, Interdisciplinary Grand Rounds, Clinical Evidence for CAM, Sept 1999
American College of Allergy, Asthma, and Immunology, workshop on Alternative Medicine, November 1998

AMA/ Chicago Medical Society Midwest Clinical Conf, course co-director: Alternative and Complementary Med
for Physicians: An Evidence-based Approach: Ayurvedic Medicine, Herbal Medicine, February 1998, 2000
Rush Medical College, Creating an International Medical Rotation, November 1997
American Medical Student Association, Integrating International/Holistic Medicine into Training, Mar 1996
National Institutes of Health, Office of Alternative Medicine, An Introduction to Ayurveda, August 1994

Non-Profit Board Experience / Community Service

Ayurveda

Council for Ayurveda Credentialing (CAC), Chair, November 2011-2015, create competency-based standards for
Ayurvedic education in USA and education tools for use worldwide
Webmaster, www.cayurvedac.com, information hub devoted to Ayurvedic education
Webmaster, www.acharjya.com, information hub devoted to international communication on Ayurveda
DINacharya Health Research Foundation, President. registered in Kolkata, October 2012.
Ayurveda Sanctuary, Puttur, Karnataka, INDIA, International Advisory Board 2012-2014
Emami/Zandu, Himani Ayurvedic Science Foundation, Board of Advisors 2009-2011
National Ayurvedic Medical Association (NAMA), www.ayurveda-nama.org, Board of Directors, 2008-2011,
Keynote Speaker 2006, served on 6 separate committees over 3-year term, created Resident Committee
Assoc of Ayurvedic Professionals of North America (AAPNA), serve on research board of directors, 2008-present
Mohini Foundation, promotes Indian Classical Music, permanent Board of Governors, 2010-present

Health and Medical

India Medical Association-Illinois, served on Board of Directors/Executive Council, 1994-1998
South Asian Public Health Association, served on Board of Directors, 2002-2005
American Holistic Medical Association (AHMA), www.holisticboard.org, 1999-2004
AHMA Treasurer 2000-2003, served on Board of Directors, created Resident Committee;
Chair, 2003 annual national conference; Selection committee to hire Executive Director
American India Foundation, New York, NY, 2001 – 2004,
volunteer, Health Programs for Indo-Americans assisting development in India
MenLa Institute for Indo-Tibetan Studies, The Tibet House, Board of Overseers, 2001 – 2003
Worked with founder to establish holistic conference retreat center in Woodstock, NY
The Health TV Channel, Anchorage, AL, a non-profit public health organization, Board of Directors, 1999-present
Public health initiative using media awareness to promote health education messages on television
Open Society Institute, Soros Foundation, New York, NY, 1999- 2003
faculty mentor for MAP fellowship program for medical students
American Public Health Association, Alternative/Complementary Health Practices section officer, 1998 - 2000
National Coordinator, American Medical Student Association, committee on Humanistic Medicine, 1995-1998
RCSIP (Rush Community Service Initiatives Project), Inner-city Chicago, IL, 1994-1998
Volunteered medical services at St. Basil's Free People's Clinic, Franciscan Homeless Shelter, Spanish
Community Health Clinic
Insight/Gift of the Heart Seminars, New York, NY, 1989-1991
Assisted in human development seminars for people with HIV/AIDS

Ending Violence Against Women

Sakhi for South Asian Women, New York, NY, 1999-2005
founder-Women's Health Initiative 2000; Board of Directors 2000 - 2003; Medical Liaison 2000 - 2005
grant-funded program to raise health awareness/ self-development of South Asian women survivors of
abuse/violence
SA/VI (Sexual Assault/Violence Intervention)Program, Mount Sinai Medical Center, New York, NY, 1999-2007
Certified rape survivor advocate in six New York hospital emergency areas for victims of abuse/violence
V-Day, New York, NY 2002-2006
performed The Vagina Monologues with cast and founder Eve Ensler, in Harlem Apollo Theater, India
Helena Kaushik Women's College, 2000 – 2007
served on Board of Directors to raise funds, awareness, teachers for girls school in Rajasthan, India
Miss America/ Miss Manhattan Scholarship Program, Manhattan, New York, NY, 2000 - 2007
Board of Directors, advisor and judge for preliminary Miss America pageants

WOAR (Woman Organized Against Rape), Philadelphia Area Crisis Centers, 1986-1988
Certified rape survivor advocate in emergency dept of Jefferson Hospital to victims of abuse/violence
Project D.R.A.W. (Development and Roles of Asian Women), New Brunswick, NJ, 1985-1986
Rutgers University community-wide seminar program on Asian women in the western world

Honors (selected)

Fulbright Specialist, 2018-2022, US Dept of State specializing in Global Public Health/Integrative Medicine
Prof. M.L. Khorana IJPS Best paper award 2018, for PhD thesis work, 2019
US Fulbright finalist 2017-2019, senior Fulbright-Nehru Scholar Research award to India
Top 50 Thinkers of India-2014, nominated by MTC Global
Fulbright-Nehru US senior Scholar award for Teaching/Research to India, July 2013- March 2014
Kiran Lifetime Achievement Award, Womens International Network (WIN), for work in Ayurveda, 2011
Vagbhata Award for Excellence in Ayurvedic Teaching, Assoc of Ayurv Professionals of North America, 2011
Arogyadham National Award for Outstanding Service in Global Ayurveda, Muzaffarnagar, India, 2008
American Medical Association (AMA) Foundation 2004 Leadership Award, Chicago/ Washington DC
American Holistic Medical Association, National Award 1998
Fetzer Institute national program for Leadership and Physician Formation, 1996
Rush-Presbyterian Medical Center Arts Contest Poetry Prize, 1995
Harvard University Commencement Graduate Orator (first Indian in Harvard history), Cambridge, MA, 1993

Additional Background

Languages Bengali and English (native), Spanish, French, Hindi (functional), Sanskrit and Latin (academic)
International Health work locations include China, Tibet, Brazil, Nepal, India, El Salvador, Panama, Mexico, UK,
Nigeria, Singapore, South Africa, Canada, Switzerland, France, Germany
Date/Place of Birth: 14 December 1966 / San Francisco, CA Citizenship: USA/Overseas Citizen of India

Publications

Editorial Experience

Ayurveda Journal of Health, USA, Editorial Board, 2008-present
Journal of Translational Toxicology, 2013-2014
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